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Empowering Leaders[®]

HR's Mental Health Toolkit:

Surveys, Checklists, and Scripts



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EXECUTIVE SUMMARY



Your people are struggling. One in five U.S. adults experiences mental illness each year (*NAMI*), burnout is at an all-time high (*Forbes*), and work/life balance is the #1 reason employees quit their jobs (*Paycor*). And if that's not enough to get your C-suite's attention, this one should: **untreated mental health issues cost the U.S. economy \$282 billion every year, roughly equivalent to an average recession** (*Yale/Columbia*).

It's no wonder that employee well-being and mental health are top HR priorities in 2026 (*Paycor*). But that's a steep mountain to climb. Today's workforce wants more mental health support, but they don't know how to access their current benefits. 22% of managers don't even know if their company offers mental health coverage (*NAMI*). **That's not a benefits problem; it's a communication problem.**

As HR steps into a more strategic role, leaders finally have the opportunity (and the responsibility) to close these gaps. But HR directors aren't therapists...and they shouldn't try to be. Leaders need the right tools, resources, and insights to effect change on this scale. That's why we created this toolkit. No fluff. No thoughts and prayers. **Just hard data and practical strategies you can use to make a meaningful difference in employees' lives, right away.**



PART 1

Fight the Stigma

THE IMPACT OF MENTAL HEALTH AT WORK

Mental health has a major impact on workers...and your business. The National Alliance on Mental Illness (*NAMI*) conducts an annual study on mental health in the workplace.

Their numbers paint a clear picture:

More than **1 in 5 U.S. adults** experience mental illness each year... and **only 52%** of them receive treatment.

More than **8 in 10 employees** say mental health benefits are important for workplace culture... while just **53% of workers** know how to access those benefits through insurance.

PART 1: FIGHT THE STIGMA

Concerning as these statistics are, they're just one part of the story.

The stigma around mental health issues is decreasing, and people are more willing to ask for help. And that's a powerful opportunity for HR leaders. Use these strategies to support your employees' mental health in the workplace:

1. Know the Laws

The ADA Amendments Act of 2008 (ADAAA) increased legal protections for people with disabilities. Specifically, the ADAAA defines the term "disability" more broadly, adding diagnoses like PTSD to the list of covered conditions. **It's illegal for employers to discriminate based on those diagnoses. Employers cannot ask about mental health issues during the hiring process.**

Employees are not legally required to disclose their mental health conditions. They only need to disclose a diagnosis when they request a specific accommodation because of it. If you're concerned that an employee can't complete their work, or you think they pose a safety risk because of a mental health issue, you must be able to provide objective evidence to support that claim.

2. Provide Reasonable Accommodations

You don't know what you don't know. It can be scary for workers disclose any kind of health issue at work, especially one with stigma. Anyone on your team could have a mental health condition. **HR should let workers know in advance that their jobs will be safe if they disclose a diagnosis. Your employee handbook should also detail the process for employees to request accommodations.**

The ADAAA requires employers to offer reasonable accommodations to disabled employees. For example, you might allow them to have snacks at their desk if they need to take medication with food. These accommodations should empower your employee to do their best work.

Employees may also need sick leave for mental health reasons. The Family and Medical Leave Act (FMLA) allows eligible employees 12 weeks of unpaid time off to deal with a mental health crisis. After their absence, you can work with these employees on a return-to-work plan.





3. Offer Flexible Scheduling

In the past two years, “work/life balance” has become the #1 reason people quit their jobs (Paycor). All your workers want more flexible scheduling, but it’s especially important for people with mental health issues, for several reasons.

First of all, flexibility allows these workers to see therapists, psychiatrists, and other providers as needed. **As of 2026, 140 million people live in areas with a shortage of mental health providers (HRSA), up from 122 million in 2024 (Mental Health America).** Your employees may need to work around their therapists’ packed schedules in order to receive care at all.

Just as important: flexible scheduling offers dignity to employees with unpredictable symptoms. If an employee wakes up in the morning so sick that they can’t work, calling off can be simple. It shouldn’t matter whether they’re staying in bed with food poisoning or panic attacks.

4. Provide Practical Wellness Strategies

A great workplace wellness program supports everyone on your team...even people with no current mental health issues. Offer benefits that anyone can use to stay healthy, both physically and emotionally:

- **Health insurance** with no or low co-pays for mental health treatment
- **On-the-job training about mental health**, like how to avoid burnout, how to recognize the symptoms of depression, etc.
- **Free or discounted membership** to an online counseling service
- **Employee Resources Groups**, or ERGs, where workers can connect with each other and share mutual support
- **Gym memberships** or fitness app subscriptions
- **User-friendly resource lists** with the numbers for various mental health hotlines
- **Clear, easy-to-find instructions** for how employees should request time off

5. Cultivate a Positive Workplace Culture

Stigma against mental health issues makes symptoms worse (*American Psychiatric Association*). And more severe symptoms make it harder for your employees to ask for help. Without support from leaders, this spiral can quickly get out of hand. Fortunately, there's a great deal HR can do to interrupt it:

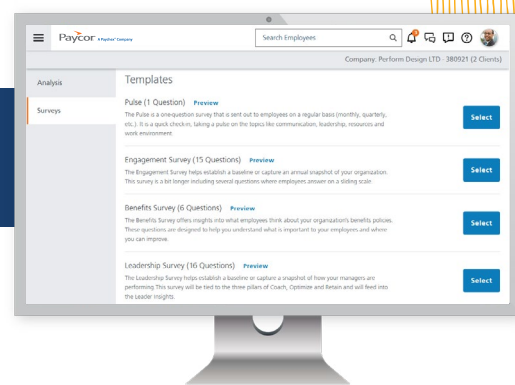
- **Normalize conversations about mental health;** talk about it the same way you'd talk about physical health.
- **Speak respectfully** whenever you talk about people with mental illnesses.
- **Respect your team's privacy.** Unless you're legally required to, never disclose an employee's mental health condition without their approval.
- **Never use words like "crazy" or "nuts"** to mean "bad."
- **Never use diagnoses as adjectives or metaphors.** Preferring a tidy workspace is not the same as "being so OCD."
- **When it's appropriate, hold space for your employees to talk about their emotional experience.** Don't automatically shut down conversations about feelings or mental health symptoms.

This list is a great place to start, but your team might need something more specific. And at first, you might not know what that is. **Chances are good that some of your employees have mental health issues you don't know about.** That could be because they don't want to disclose their symptoms, or it could be that they don't have a formal diagnosis.

If you're not sure what your employees need, ask. **HR should run regular anonymous surveys to learn about the team's mental health, including their top priorities, concerns, and suggestions for how HR can help.**

How Paycor Helps

Employee Surveys, Paycor Analytics, 1:1 Tool





EMPLOYEE MENTAL HEALTH SUPPORT SURVEY

Use this survey to learn what kinds of support your employees need to improve their mental health. Distribute it anonymously at least once a year or before a major benefits review.

Section 1: Awareness

1. Are you aware that our company offers mental health benefits?

- ☐ Yes
- ☐ No
- ☐ Not sure

2. Do you know how to access mental health support through your health insurance?

- ☐ Yes, I know exactly how
- ☐ I have a general idea
- ☐ No, I don't know how
- ☐ I'm not sure I have this coverage

3. Does our company have an Employee Assistance Program (EAP)?

- ☐ Yes, and I know how to use it
- ☐ Yes, but I'm not sure how to use it
- ☐ No
- ☐ Not sure

Section 2: Access

4. In the past 12 months, have you used any mental health benefits (EAP, therapy coverage, mental health days, etc.)?

- ☐ Yes
- ☐ No
- ☐ I didn't know I had access to these benefits

5. If you have NOT used mental health benefits in the past 12 months, what's the main reason? (Select all that apply)

- ☐ I didn't know they were available
- ☐ I didn't know how to access them
- ☐ I was concerned about privacy or other consequences
- ☐ I wasn't sure they'd cover what I needed
- ☐ I don't currently need them
- ☐ Other:

6. How easy is it to take time off from work for mental health reasons?

- ☐ Very easy
- ☐ Somewhat easy
- ☐ Somewhat difficult
- ☐ Very difficult

Section 3: Culture

7. How comfortable do you feel discussing stress or mental health with your direct manager?

- ☐ Very comfortable
- ☐ Somewhat comfortable
- ☐ Uncomfortable
- ☐ I would never discuss this with my manager

8. In the past 12 months, have you experienced significant stress or burnout at work?

- ☐ Yes, frequently
- ☐ Yes, occasionally
- ☐ No

9. If you were struggling with your mental health, would you feel safe telling someone at work?

- ☐ Yes, definitely
- ☐ Probably yes
- ☐ Probably not
- ☐ No

10. If you answered no above, what changes would make you feel safe to talk about your mental health at work?

Section 4: Needs

10. What mental health resources are or would be most valuable to you? Select your top three.

- ☐ Access to free or subsidized therapy (in-network or EAP)
- ☐ Mental health days or more flexible time off
- ☐ Stress management training
- ☐ Manager training on recognizing and responding to mental health challenges
- ☐ Clearer information about existing benefits
- ☐ Peer support programs or employee resource groups
- ☐ Mindfulness or meditation resources
- ☐ Other:

11. Is there anything else you'd like us to know about mental health support at our company?



MENTAL HEALTH STIGMA AUDIT

You need to understand your culture before you can change it. This audit empowers leaders to identify where stigma prevents employees from getting support. This version of the survey is tailored to managers and people leaders, but HR can customize it for workers at any level.

Leadership and Modeling

Statement	Yes	Partially	No
Senior leaders openly and appropriately discuss mental health and model healthy behaviors (taking time off, setting boundaries, etc.).			
Leaders avoid stigmatizing language in meetings and company communications (e.g., "crazy," "nuts," using diagnoses as adjectives).			
Mental health is discussed with the same normalcy as physical health in company-wide communications.			

Manager Readiness

Statement	Yes	Partially	No
Managers are well-trained to recognize signs of stress, burnout, and mental health challenges.			
Managers know what to do and what not to do when an employee discloses a mental health issue.			
Managers understand our ADAAA and FMLA obligations.			
Managers know how to refer employees to available mental health resources without overstepping.			
Our return-to-work process after mental health leave is clearly documented and consistently applied.			

Policies and Processes

Statement	Yes	Partially	No
Our mental health benefits are clearly communicated to all employees at least once per year.			
Employees have a clear, simple process for requesting mental health-related accommodations.			
It's equally easy for employees to take time off for mental and physical health reasons.			
Employee mental health information is kept strictly confidential and shared only on a need-to-know basis.			
Our return-to-work process after mental health leave is clearly documented and consistently applied.			

Culture Signals

Statement	Yes	Partially	No
Employees who take mental health leave are not treated differently upon return.			
Employees who disclose mental health conditions are not passed over for assignments, promotions, or development opportunities.			
Employees feel they can speak honestly about stress or burnout without fear of negative consequences.			

Personal Experience (Optional)

Have you personally experienced or witnessed mental health stigma at this company?
If you're comfortable sharing, we'd like to hear about it. Your response is anonymous.



PART 2 *Select and Communicate Benefits*

Customize Benefits to Drive Employee Engagement

Hyper-personalization is on the rise. From social media feeds to online shopping, people expect every experience to be tailored to them. Now, they're bringing that expectation to work. **Nearly 75% of employees would be more likely to stay at a job if it offered personalized benefits** (*PR Newswire*). The message is clear: one-size-fits-all benefits packages just aren't enough anymore.

Employees Need a New Kind of Support

This is a transformational era. Employees are navigating several massive, simultaneous cultural shifts, each of which impacts their needs differently. **HR leaders who understand these trends can offer more meaningful, effective support.**

The Rise of Mental Health Conditions

Mental health diagnoses are more prevalent than ever. More than 1 in 5 U.S. adults experiences mental illness each year (NAMI)...and those are just the reported cases. It's important to note that countless people with mental health issues are unable to access care, meaning they never get diagnosed and aren't included in this number.

At the same time, the stigma around mental illness is decreasing. More and more people are acknowledging they need help and actively pursuing treatment. **As a result, more employees need access to mental healthcare. If your benefits package doesn't offer that support, it's already driving turnover.**



Burnout

In 2026, burnout is at an all-time high. 66% of all American employees experience some **form of burnout, with higher numbers among younger generations (Forbes)**. And unlike some mental health issues, like anxiety or depression, burnout is specifically tied to chronic workplace stress. That makes it HR's problem to solve. You can't fix your employees' mental health issues... you're not their therapist, and you shouldn't try to be. But you can **design a benefits package that empowers your team members to thrive.**

Complex Career Paths

Career breaks are more common than ever. Gig work is on the rise. After they leave your workplace, your employees might spend the evening delivering takeout or editing videos. These nonlinear paths leave many people without reliable access to medical or mental health coverage. **Whether or not health insurance is a mandatory benefit for your business, offering some form of coverage can make a huge difference in worker well-being. And that affects your ability to attract and retain talent.**

The Power of Personalization

Now that personalization is the norm in their private lives, employees expect it at work, too. When you offer customizable benefits, you're signaling that you understand workers' needs and you'll make every effort to support them. This approach also empowers HR to achieve top priorities like:

- **Recruiting:** Flexible, customizable benefits signal a genuine commitment to employee wellness and set you apart from competitors.
- **Retention:** Benefits that grow with employees' needs give people a reason to stay through different life stages.
- **Engagement:** Happy, healthy employees do better work.

Customizable Benefit Options

The strongest benefits packages offer something for everyone. They also support employees in different life stages, growing with your people as needs change over time. HR should consider offering a mix of the following, in addition to mandatory benefits:

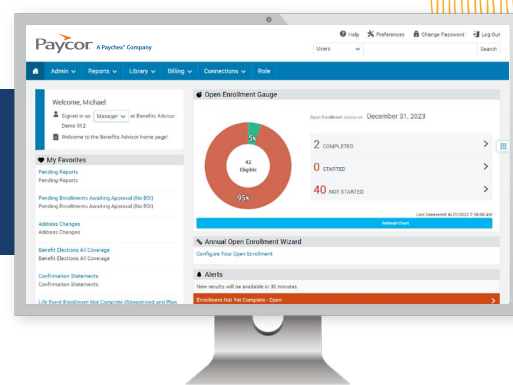
- **Non-traditional health benefits** like health savings accounts (HSAs), flexible spending accounts (FSAs), wellness programs, and mindfulness app subscriptions give employees more control over how they access care..
- **Financial and educational benefits** such as education stipends, student loan repayment programs, and access to financial counseling are a long-term investment in your employees' careers.
- **Workplace culture benefits** like remote work, employee recognition programs, and company-sponsored volunteer opportunities improve mental health and build community at the same time.

How to Implement Customizable Benefits

Start by surveying employees anonymously to understand your team's unique preferences. At the same time, review the metrics you already have: benefits utilization rates, turnover, absenteeism, and engagement scores, for example. Taken as a whole, the data tells a clear story about what your team needs. When employees see their feedback reflected in the benefits you offer, it builds trust. And trust drives everything else.

How Paycor Helps

Benefits Advisor, Benefits Administration,
Paycor Assistant





MENTAL HEALTH BENEFITS CHECKLIST

Mandatory Benefits

These are legally required for eligible employees at certain companies, often those with 50+ employees. Consult with your legal team to confirm which laws apply to your company.

Benefit	Currently Offered	Communicated in Past 12 Months
Health insurance (ACA-compliant)		
FMLA leave		
Workers' compensation		
Reasonable accommodations per ADAAA		

Mental Health Benefits

Benefit	Currently Offered	Communicated in Past 12 Months
Mental health coverage through health insurance with low or no co-pays		
Employee Assistance Program (EAP) with mental health counseling		
Free or subsidized access to a virtual therapy platform		
Dedicated mental health days (separate from PTO)		
Crisis support resources / hotline information		
Return-to-work program after mental health leave		

Flexible Work Benefits

Benefit	Currently Offered	Communicated in Past 12 Months
Flexible scheduling		
Remote or hybrid work options		
Ability to take time off for medical/mental health reasons, including appointments, without penalty		

Wellness & Social Support Benefits

Benefit	Currently Offered	Communicated in Past 12 Months
Gym membership or fitness reimbursement		
Mindfulness or meditation app subscription		
Wellness stipend (employee-directed spending for physical/mental health)		
Stress management or resilience training		
Employee Resource Groups (ERGs)		
Corporate-sponsored volunteer program		



MENTAL HEALTH RESOURCES TEMPLATE

Fill in your company-specific information below. Share the completed document with all employees at onboarding, during open enrollment, and at least once a year.

[Company Name] Mental Health Resources

In a Crisis

If you or someone you know is in immediate physical danger, call 911.

For other mental health crises, contact:

988 Suicide & Crisis Lifeline

Call or text 988

Free, confidential service, available 24/7/365

Crisis Text Line

Text "HOME" (4663) to 741741

Free, 24/7 emotional support for any type of crisis

SAMHSA Helpline

Call (800) 622-HELP (4357)

Free, confidential, 24/7/365 support for people or loved ones of those facing mental health and/or substance use disorders

[Name of Company's Employee Assistance Program (EAP)]

Provider Number: [EAP Provider Number]

Website: [EAP Provider Website]

App: [App Name, if applicable]

Sessions included: [Number] free sessions per year

Who can use it: [Employee only / Employee and household members]

Your EAP is completely confidential. Your employer does not receive information about who uses it or why.

Mental Health Coverage Through Health Insurance

Insurance Provider: [Insurance Provider Name]

Member Services: [Phone Number]

Find a Provider: [Website or App]

Co-pay for talk therapy with in-network provider: [Amount]/session

Co-pay for talk therapy with out-of-network provider: [Amount]/session

Co-pay for psychiatry with in-network provider: [Amount]/session

Co-pay for psychiatry with out-of-network provider: [Amount]/session

Telehealth option: [Yes/No – include platform name if yes]

Additional Wellness Resources

Resource	Details	How to Access	Contact
Ex., Wellness stipend	\$500/year for physical or mental health expenses, to be used at employee's discretion	Login to your account at example.com to upload receipts. Expenses are reimbu	Jonathan Shu, Employee Experience Manager (312) 555-1234

Time Off for Mental Health

You can use your PTO for mental health appointments, rest days, or leave related to a mental health condition. Here's how:

- To schedule a mental health appointment, [submit a time-off request as you would any medical appointment].
- To apply for mental health leave through FMLA [describe process].
- To request reasonable accommodations or get answers to other questions, contact HR at the email address below. Expect a response within [timeframe].

Questions?

Contact HR at [HR email] or [HR phone number] with any additional questions. All inquiries will be handled with discretion.



PART 3 Cultivate a Resilient Culture

How Strong Leaders Drive Resilience

We're living in turbulent times. Your business and your employees alike are navigating new types of stress every day, and the rate of change is accelerating. **If leaders want to support workers and continue to drive results, HR needs to build a resilient culture.**

If resilience feels out of reach, remember: it's a skill, not an innate quality. Leaders can learn it, practice it, and cultivate it across entire organizations. And like most cultural shifts, it starts at the top. A wealth of data shows that managers account for 70% of the variance in employee engagement (*Gallup*). **Get your leaders on board, and everyone else will follow.**

Here's how...

1. Secure Executive Support

Frame the conversation in monetary terms: mental illness costs the U.S. economy \$282 billion every year, equivalent to an average recession (Yale/Columbia). In other words, your team's mental health is a top business priority. Make sure leadership understands the magnitude of the problem...and then pitch your new benefits strategy.

2. Train Managers in Soft Skills

Managers are the key to company culture. They're the ones who act out your company's stated values (or fail to). Every 1:1, every performance conversation, every 4 pm fire drill is an opportunity for them to support, ignore, or actively damage employees' mental health.

HR should invest in soft skills training to help them navigate these interactions. As a bonus, they'll learn self-compassion and stress management skills along the way.

3. Communicate Benefits to Leaders

Benefits utilization is low, but employees are still complaining about a lack of coverage. This widespread problem starts with managers: **45% of them don't know how to access mental healthcare through insurance, and 22% don't even know if their company offers mental health benefits (NAMI).** That's a communication problem. HR should conduct regular trainings to ensure managers know how to access benefits. Then, have them share that information with their teams well in advance of a crisis.

4. Lead by Example

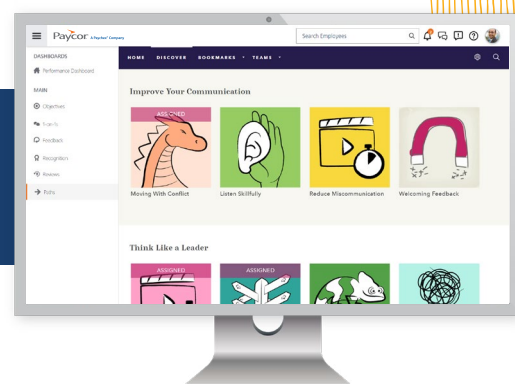
The most powerful thing a leader can do costs nothing: model the behaviors you want to see. Take your PTO before it expires. Mention the meditation app you've been using. Tell your team when you're blocking time for a mental health day. You don't need to disclose anything you're not comfortable with, but when leaders visibly use the company's mental health benefits, they send a message worth more than any email from HR.

Resilience Requires Trust

Culture doesn't change overnight. Effective managers build organizational resilience slowly, earning employees' trust one conversation at a time. They know how to address difficult topics with bravery, compassion, and respect for boundaries. **Give your managers the tools to navigate these conversations, and culture will take care of itself.**

How Paycor Helps

Paycor Paths, Paycor Analytics,
Learning Management System





MANAGER SCRIPTS TO SUPPORT EMPLOYEE MENTAL HEALTH

These scripts are starting points, not word-for-word instructions. Managers should adapt the language to suit their relationship with each employee and the situation at hand.

When Performance Has Dropped

Use when: An employee who typically meets expectations has started missing deadlines, making uncharacteristic errors, or seeming disengaged.

“It seems like things have been a little off lately. You’ve missed a couple of deadlines that are usually no problem for you, so I wanted to check in. Is everything okay? I’m not here to put you on the spot. I just want to make sure you have what you need.”

What to do next: Listen without immediately offering solutions. If they open up, acknowledge what they’ve shared before moving to next steps. If they say everything is fine, let it go for now but follow up in a week or two.

When an Employee Discloses a Mental Health Condition

Use when: An employee shares a diagnosis, describes symptoms, or says they’re struggling with their mental health.

“Thank you for telling me; I know that’s not always easy to share. I want you to know your job is safe, and I’m here to support you if there’s anything I can do. Can we talk about what would be most helpful right now?”

What to do next: Ask, don’t assume. Some employees want accommodations; others just need to say it out loud. If they ask for more support, connect them to HR or your EAP. Do not share what they’ve told you with anyone, including your boss or HR team, without their permission.

When an Employee Shows Signs of Burnout

Use when: An employee is still technically delivering but seems exhausted, cynical, or checked out, or has mentioned feeling overwhelmed.

“You’ve been carrying a lot lately, and I want to check in. How are you really doing? I’m not just asking about the projects; I mean you.”

What to do next: If workload is the issue, problem-solve together. You might need to reprioritize deliverables or adjust timelines. Let them suggest which tasks to hand off, so you can avoid taking away their favorite projects. Most importantly, listen to their stated needs and do your best to meet them instead of suggesting solutions out of left field. They understand their own mental health better than anyone.

When Their Demeanor Has Changed

Use when: Absenteeism has increased, an employee has withdrawn from the team, or something just feels off, but they haven't brought it up.

"I've noticed you've seemed a little quieter than usual lately, and I just wanted to check in. You don't have to share anything you're not comfortable with. I just want you to know I'm paying attention and I'm here if you need anything."

What to do next: Don't press. The goal is to signal that they're seen and supported. Sometimes that's enough to open the door later.

What Not to Say

A few phrases to avoid, no matter how well-intentioned:

- **"You just need to push through it."** *Minimizes the issue and discourages future disclosure.*
- **"I know exactly how you feel. I've been stressed too."** *Shifts focus away from the employee.*
- **"Have you tried exercising/meditating/getting more sleep?"** *Unsolicited advice can feel dismissive.*
- **"Don't worry, everything will be fine."** *False reassurance erodes trust.*
- **"It could be worse."** *Invalidates what they're going through.*
- **"Can you keep this between us?"** *Managers should never discourage an employee from seeking HR support.*



WORKPLACE STRESS DIAGNOSTIC

Use this checklist to identify the major stressors your employees face at work. Check any statements that apply to your team. Then, use the reflection questions to identify top HR priorities.

Workload & Capacity

- ☐ Employees regularly work beyond scheduled hours.
- ☐ Deadlines are frequently unrealistic or last-minute.
- ☐ Team members can't take PTO without work piling up.
- ☐ Staffing levels haven't adjusted despite increased responsibilities.
- ☐ "Doing more with less" is a common refrain.

Reflect:

1. What does your HCM data reveal about overtime patterns?
2. Are certain teams or roles consistently underwater?
3. When did you last audit role responsibilities against actual capacity?

Role Clarity & Expectations

- ☐ Employees are unsure how their work connects to company goals.
- ☐ Job responsibilities have shifted without formal updates.
- ☐ Performance expectations vary by manager.
- ☐ Employees don't know how success is measured in their role.

Reflect:

1. When did you last review job descriptions for accuracy?
2. Do managers set expectations consistently across teams?
3. Do employees know what success looks like for their role?

Employee Autonomy

- ☐ Employees have little say in how or when they complete their work.
- ☐ Micromanagement is common.
- ☐ Flexible scheduling is inconsistently available or applied.
- ☐ Decisions that affect employees are made without their input.

Reflect:

1. Where could managers give teams more ownership over their work?
2. Do employees have equal access to flexible scheduling/remote work options?
3. Do employees feel their opinions are valued?

Employee Recognition

- ☐ Employees receive recognition infrequently or inconsistently.
- ☐ Mistakes are treated as failures rather than learning opportunities.
- ☐ Employees hesitate to share ideas or concerns with their manager.
- ☐ High and low performers are treated exactly the same.

Reflect:

1. How often do managers recognize employees for great work?
2. Do employees feel safe raising problems without fear of repercussion?
3. Is recognition built into your culture, or left to individual managers?

Growth & Development

- ☐ Employees lack clear career paths.
- ☐ Learning and development opportunities are limited or unevenly distributed.
- ☐ Managers don't regularly discuss growth with their direct reports.
- ☐ Turnover is high among high-potential employees.

Reflect:

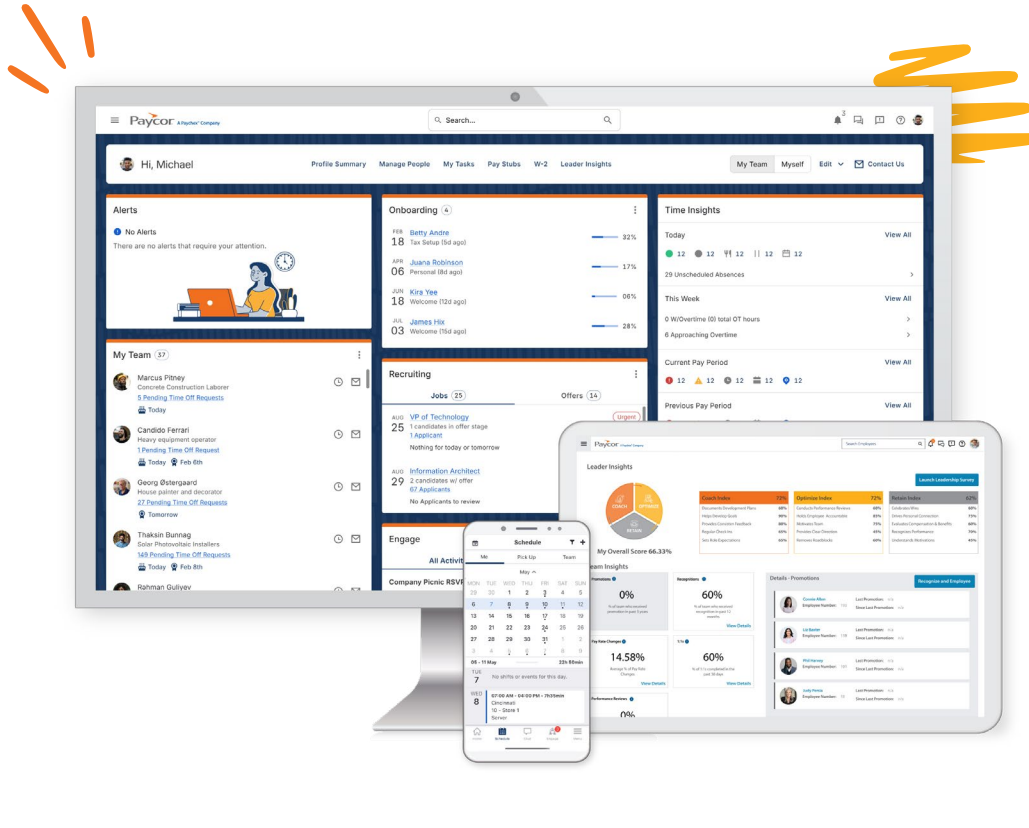
1. Do employees know what it takes to advance at our company?
2. Are development conversations happening at least quarterly?
3. Are L&D investments reaching all levels of the organization?

Communication & Transparency

- ☐ Employees hear about major changes through the grapevine.
- ☐ Leadership decisions are rarely explained.
- ☐ Employees don't understand the company's priorities.

Reflect:

1. How do employees typically learn about major decisions?
2. How effectively do managers communicate with their teams?
3. Is there a consistent, trusted channel for company-wide updates?



The Paycor Advantage

Paycor, a Paychex company, connects leaders to people, data, and expertise. We help leaders drive engagement and retention by giving them tools to coach, develop, and grow employees. We give them unprecedented insights into their operational data with a unified HCM experience that can seamlessly connect to other mission-critical technology. And by providing expert guidance and consultation, we help them achieve business results and become an extension of their teams.



Want more information?
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